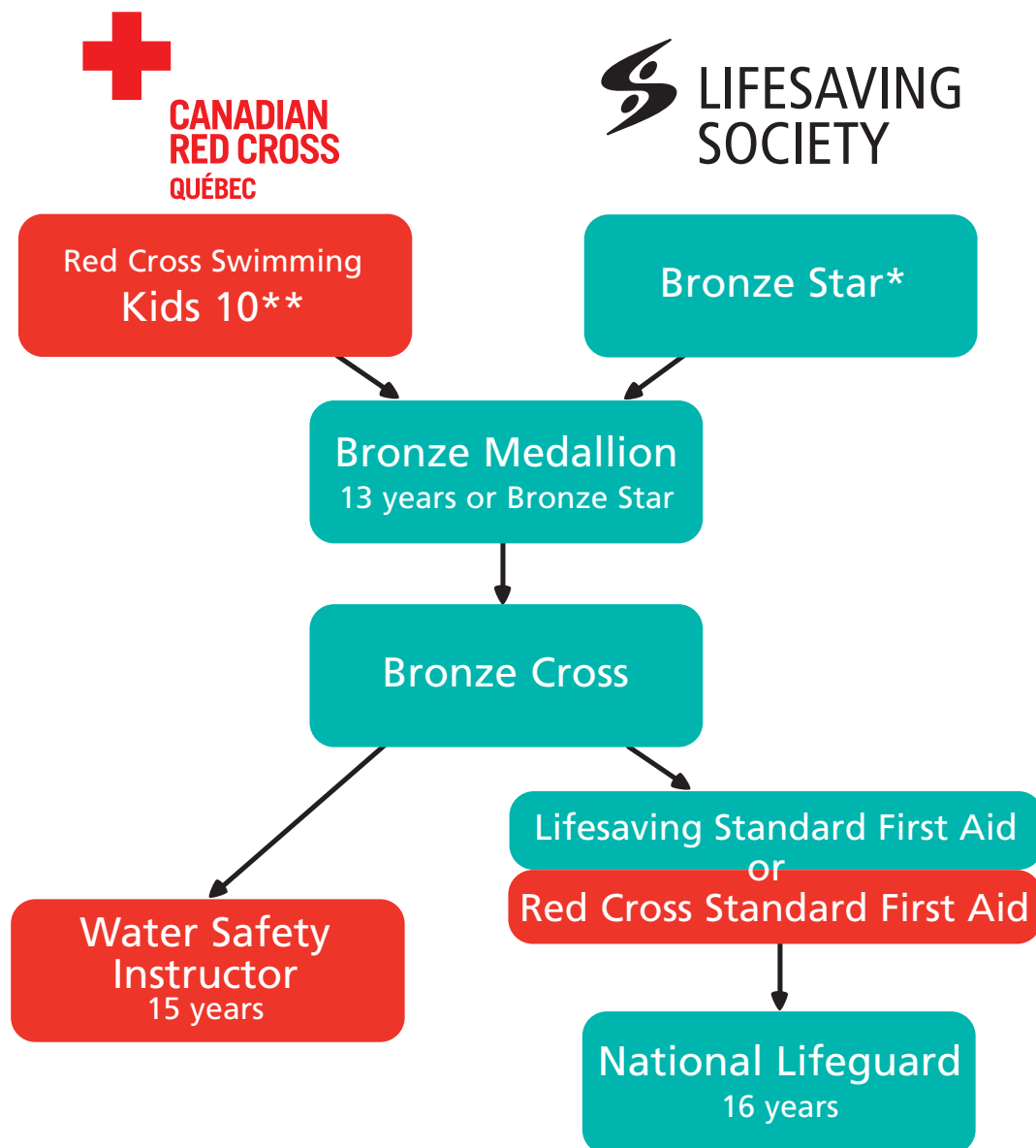


# SO YOU'D LIKE TO BECOME A LIFEGUARD OR AN INSTRUCTOR?

## AQUATIC CAREER CONTINUUM

The Red Cross and the Lifesaving Society offer the following courses that will enable you to get one of the best student jobs ever!



Did you know you can work...  
as a safety supervisor or as a water safety instructor from  
the age of 15?

You've got questions? Contact us!  
[www.sauvetage.qc.ca](http://www.sauvetage.qc.ca) - 514-252-3100 or 1-800-265-3093  
[www.redcross.ca](http://www.redcross.ca) - 1-877-356-3226

\* Following this course is an asset but is not required.

\*\* If you are a strong swimmer and can demonstrate all swim strokes and techniques from the Red Cross Swim Kids 10 level, you can take the Bronze Medallion course. Your abilities will be evaluated during the first lesson.